

















	CHILD COVER	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
 Full Access to the 'My Medicash' App Submit claims on the go, view a summary of your claims, update bank details & quickly access your other benefits		✓	✓	✓	✓
 Routine Dental Treatments <small>yearly maximum</small>	✓	£65	£100	£150	£200
 Dental Accident and Injury <small>yearly maximum</small>	✗	£250	£350	£450	£550
 Optical <small>yearly maximum</small>	✓	£65	£100	£150	£200
 Specialist Consultations, Diagnostic Tests & Scans <small>yearly maximum</small> Including CT, MRI and PET scans	✓	£200	£250	£300	£400
 Best Doctors® InterConsultation™ Programme Access Best Doctors via the My Medicash App or call 0345 565 1852*	✓	✗	✓	✓	✓
 Complementary Therapies <small>yearly maximum</small> ¹ covers physiotherapy, sports massage, acupuncture, osteopathy and chiropractic treatments	✓	£160	£200	£300	£400
 Alternative Therapies <small>yearly maximum</small> ¹ Covers reflexology, reiki, Indian head massage, Bowen & Alexander technique, homeopathy, allergy testing and hypnotherapy	✓	£75	£100	£150	£200
 Chiropody <small>yearly maximum</small> ¹	✗	£20	£50	£100	£150
 Prescriptions, Inoculations and Flu Jabs <small>yearly maximum</small>	✓	£20	£30	£40	£50
 Health Screening <small>yearly maximum</small> ¹	✗	£100	£150	£175	£200

 **DOWNLOAD THE MY MEDICASH APP TO SUBMIT YOUR CLAIMS IN SECONDS, UPDATE YOUR DETAILS, ADD CHILDREN AND QUICKLY ACCESS ALL OF THE FOLLOWING BENEFITS OF YOUR PLAN**

 SkinVision Check your skin spots and moles regularly for the early signs of skin cancer. Simply access via the My Medicash App	✗	✓	✓	✓	✓
 Digital Physiotherapy by Phio Assessment and tailored self-management programmes designed to optimise your recovery journey. Find out more and access via the My Medicash App	✗	✓	✓	✓	✓
 Virtual GP & Prescription Service <small>discounted access</small> ² All adults covered under the policy have access to discounted virtual GP appointments. Access this benefit via the My Medicash App	Under 16's only	✓	✓	✓	✓
 mProve YOURSELF Improve your body and mind with a range of wellbeing tools and advice for a happier, healthier you. Including physical exercises, guided meditations, self-help courses & more. Access via the My Medicash App		✓	✓	✓	✓
 Discounted Health Club Membership Access via the My Medicash App or visit www.medicash.org/gymdiscount (ref: MED)		✓	✓	✓	✓
 Health & Stress Related Helplines Unlimited 24/7 access via the My Medicash App, call 0345 565 1851* or visit www.medicash.org/wellness (Username: Medicash)		✓	✓	✓	✓
 Medicash Extras - Member Discount Portal Access via the My Medicash App or visit www.medicash.org/extras to start saving		✓	✓	✓	✓

OPTIONAL EXTRAS

Please check your policy schedule to see if these are included.

Face to Face Counselling
up to 8 face to face counselling sessions

£100 / £200 / £250 PMI Excess Cover

CHILDREN COVERED FOR FREE UP TO THEIR 24TH BIRTHDAY

Up to four dependent children can be covered at no extra cost, up to their 24th birthday if in full time education. Each child can claim half of the adult entitlement for those receipted benefits ticked above. Where the extra PMI Excess Cover is selected, children are covered at the same entitlement as adults for this benefit. Each child has their own individual entitlement and their claims do not affect any other individuals covered on the policy.



¹ Medicash do not cover Complementary and Alternative Therapies, Chiropody or Health Screens which are arranged, paid or facilitated through your employer or by another employee.

² Children under 16 for which you have parental responsibility and are covered under your policy can access this benefit with you.

*Calls to 03 numbers are no more expensive than calls to numbers starting with 01 to 02 and are included in free call packages from landlines and mobiles.